

Community Gardening across Leeds to Improve Wellbeing

Provided / Operated by:

Hyde Park Source – Wider Learning Opportunities

Our Community Gardening volunteers get the chance to grow their own veg and flowers, gain and share skills, and learn about horticulture whilst improving their health and wellbeing in the local environment.

No gardening experience is needed. We mainly garden but we will also head out for nature walks, have a go at crafts, eat the things we grow (often cooking outdoors) and plan trips and events together....

 **Course Address:**

Community Gardening Across Leeds
Venues across Leeds
Register online to find out more

 **Accessible:**

Yes

 **Childcare:**

No

 **Children allowed:**

No

 **Days & Dates:**

Tuesday: 1 –3 Hyde Park

Wednesday: 1–3 Kirkstall

Thursday: 1 –3 Horsforth and Armley Mills

Friday: am Woodhouse; pm Chapeltown

Course starts 9th January 2024

 **Costs:**

Free