

# Confident communication for work

Provided / Operated by:

**Barnsley Adult Skills and Community Learning**

This course is ideal for those who need to build confidence and resilience when communicating. You'll gain an understanding of how important listening skills are, and become more aware of how body language and communication skills can affect the outcome of interactions.

Different forms of communication will be explored. This includes face to face, phone and online interactions. You'll also find out how to take messages or notes effectively...

## 📍 Course Address:

Wellington House  
Market Street  
Barnsley  
South Yorkshire  
S70 1WA

## 💷 Costs:

Paid

## 📞 Contact Details:

**Name:** Adult Skills and Community Learning

**Phone:** 01226 775270

**Email:** [adultlearning@barnsley.gov.uk](mailto:adultlearning@barnsley.gov.uk)

## ♿ Accessible:

Yes

## 👶 Childcare:

No

## 👶 Children allowed:

No

